

<b>Name</b>	Raymond KREDER
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<b>Personal data</b>			
Nickname	RAY	Handed/Footed (size)	/44 (EU)
Birthdate/Birthplace	1989.11.26/Den Haag	Eyesight (left · right)	
Zodiac sign/Blood type	/A Negatief	Family	Mom, Dad
Height/Weight	178/72	Brothers and Sisters	2 brothers
<b>About the road race</b>			
Commitment to Road Bikes		What is the goodness of Kinan Racing team you think?	Respect and Helpful
Cycle wear size	Small	What is the impression of the fans of the Kinan Racing team?	Cheerful
Reason and content of signature	Ready to Race	Do you hear the supporter's voice during the race?	Sometimes yes
How did you start a road race?	Watching other riders	Do you have superstitious routine?	Not really
What do you do before racing?	Eating, Relaxing	What are you careful as a pro cyclist?	For cars behind me
What are you careful about during the race?	Not to crash	What do you want to do after career is over?	Coaching
What do you do after racing?	Recovery shake, Good massage	Who are your friends in other team riders?	Not many friends in races
What do you always eat before the race?	Oatmeal with honey	Who is the other team rider who wants to be friends in the future?	Everybody in the team
What do you always eat after the race?	Rice	If you can be someone, who would like to be only one day? Please tell why and what you want to do.	Max Verstappen to drive F1 car
What kind of person do you think the sports director is?	Kind and Directly	Who would you like to be a roster if you were a sports director?	Myself
When did you start aiming for a professional cyclist?	2012	Who were the cyclists who ride the same race and felt strong?	Benjami Prades
Impressions & memories of the first race	Hard and controled	Who is the cyclist who wants to ride in the same race?	
What did you buy with your first salary as a professional cyclist?	iPhone	Who do not want to fight at KINAN Racing Team cyclist? Please tell me the reason.	I don't know.
Who were you affected by?	David Zabriskie	Who do you think is the fastest cyclist in the KINAN Racing Team?	Raymond KREDER
Longing & target riders	Andre Greipel	What remained the most impressive race last season?	Tour de Langkawi
What was the happiest race in your career?	Tour of Norway 2012(First win)	What was the impression of the team before joining the Kinan Racing team?	Good and well organised

What was the most disappointing race in your career?	Paris - Roubaix(crash out)	Why did you decide to join the Kinan Racing team?	It is one of the best teams in Japan and I wanted to keep racing in Japan.
What did you try to become a professional cyclist?	Train hard and focus on the goals	What was your first thought when entering the Kinan Racing team?	The team take good care of me.
What is absolutely necessary for you?	Close group of riders in the team	What do you bring with you on expedition?	Phone and Netflix
What is your weapon about road racing?	My good sprint	What is Road Race for you?	Important part of my life so far.
What is your weakness you want to grow from now?	Longer climbs	If you had not become a pro cyclist, what kind of occupation did you have?	Building houses
What training do you do at home?	Endurance with sprint training		
<b>Private and favorite</b>			
Your killer technique & special skill	Reading the race timing for the sprint	Tell me "Actually I am ..."	
What do you want to learn from now?	To be more relax before big races	Your small boast	Coffee
What qualifications do you have?	Construction technology	Respected persons	My parants
What do you do first when you wake up in the morning?	Going to the toilet and have some coffee	How do you become after 20 years?	Good father
What do you always do before going to bed at night?	Tooth brushing and telling my wife/baby good night	Dream for the future	Stay healthy when in old
Where is the first thing to wash in a bath?	Face	A moment to relax	Netflix
How long is the bath time?	15-30 min	What is the moment when you feel happy?	When I play with my daughter
Clothes size	Medium	Spoil yourself	Outside dinner
Favorite clothes brand	Silver creek	What character are you?	Active
Favorite pants type	Silver creek	What is your best feature?	Structured
Favorite perfume	BOSS	What kind of person is your parents?	Helpful
Favorite heterosexual smell		Where did you resemble your parents?	Funny
Favorite TV or Movie star (men)	Tygo Gernandt	What is called from your family?	
Favorite TV or Movie star (women)	Georgina Verbaan	Comments to family members	How they are doing
What's your type?	Action	Small boast about family	Greatfull
Favorite female gesture	To wave	Recently laughing event	Birthday party daughter

What do you look for in a partner?	Commitment	Recently cried event	Marage 11-oct-2021
What is the deciding factor for marriage to you?	Royalty	What's your recent shopping spree with money?	Birthday gift for chloe (play)
What is the dish you'd like your partner to make?	Sushi!	What do you want to buy by paying lots of money in the near future?	House in Spain
A skirt of your favorite women's clothing? Pants?	Skinny jeans	What have you been crazy about recently?	
Is your favorite female hairstyle long? Short?	Long	What do you do on holiday?	Relax, Eating
A woman you like is beautiful? Cute?	Beautiful	Kumano's favorite place	
When is your first love? Who was it?	When I was cyclist girl.	Bragging local	
What is your ideal date plan?	Good restaurant	Local favorite places	Coffee shop
Who do you want to see now?	My daughter	Delicious local dishes	Bread
Favorite foods	Sushi!	What would you do if you won the lottery?	Pay my mortgage and good holliday
Don't like foods	Sprouts	What would you take if you go to a desert island? (Three)	My wife, Daughter and phone
Favorite snacks	Chocolate	What gift are you happy about?	Any gift
Favorite fruits	Pineapple	Is there a wish for supporters?	Go take pictures
Favorite colors	Blue	Do you have anything interesting persons or items?	Not really
Favorite books		What kind of friend is other than road race?	Pedal friend
Favorite movies	Mocro Mafia	Who is your hero?	My dad
Favorite TV programs	Veronica Offside	Who is the eternal rival for you?	In cyclling : Sprinters
Favorite season	Summer	If you are born again, what kind of person would you like to be? Please tell the reason.	Same like now helpful and respect
Favorite comics		What do you do to eliminate stress?	Good sleep
Favorite comic characters		What do you think of this questions?	Some are hard to answer
Favorite words & motto	You can't do more than your best	Where would you like to go someday?	Japan for hollidays
Favorite music & musician	Dutch top 50	What kind of car do you want to ride in the future?	Probably electric Škoda
What was the CD you bought for the first time?	I don't remember	What do you want to eat in the future?	Sushi, French fries

Which songs do you always sing at karaoke?	Noive	What is your favorite application?	Whatsapp
Which do you like better, dogs or cats? Please tell me the reason.	Cats don't have to walk outside with my	What is the mobile screen?	iPhone
Hobby	Gaming, coffee	Your habit	For got car keys many times
Childhood dream	Be a cyclist	What do you always buy when you go to a convenience store?	Drink
Nickname as childhood	Ray	Commitment to eating habits	Eat fast
Lesson as childhood	Follow your dreams	Cooking good at making	Pasta
What do you think you should have done when you were a child?	Playing outside	Favorite mother's dishes	Pasta
Let's send words to yourself in the past	Funny	Favorite side dishes	Soup(tomato)
Favorite subject	Cycling	What do you request from your family on an anniversary or birthday?	Staying for dinner
Difficult subject	Politics	What to eat at breakfast?	Oatmeal / Bread
The most important thing in the world	To stay healthy	What do you want to eat at the last supper?	Cookies(chocolate)
What you like the most in the world?	Being with family	What is your favorite LINE stamp?	
What is the most disgusting thing in the world?	Dumping trash next to the roads	What is your favorite item in your room?	TV
The most scary thing in the world	To be in car accident	What is your favorite sports other than cycling?	Formula 1
Commitment in life	Be yourself, Always	What is the target for 2024 other than cycling?	Beeing there for my wife
What do you think is the best in the team?	To be united together		
<b>About cyclists (Whether Kinan or another team)</b>			
Who is always cool?	Nobody	Who is the cyclist who is likely to survive even when alone on a deserted island?	Myself
Who is a cyclist who feels cute as a man?	Thomas DEKKER	Who is a cyclist who often speaks to himself?	
Who is a hot and cold "TSUNDERE" cyclist?		Who is the cyclist who is likely to live long?	Kevin REUVERS
Who is a cyclist who seems to have not changed since childhood?	Benjami PRADES	Who is the cyclist who likes you?	Enrico ZANONCELO
Who is the cyclist who will not change after 10 years?	Jeroen MEIJERS		